



EZ Sleep

Instructions



McFee Medical
T E C H N O L O G I E S

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Instructions

The EZ Sleep can be configured and used in three versatile ways. First, it is designed for night-time use on top of a bed. Second, it converts into a table-top unit for use during the day. Third, the face support portion of the EZ Sleep is used with the Travel Cushion for use on any chair, sofa or in an automobile.

Checklist

- EZ Sleep pillow
- Ankle bolster
- Plastic knobs
- Face support base
- Extender
- Push lock
- U-bar frame

- 1 Insert the U-Bar Frame with Extenders into the Face Support Base. Screw Plastic Knobs into Extenders and Face Support Base.
- 2 Place flat, on top of mattress.
- 3 Rotate the U-Bar Frame 180° by depressing the Push Lock and rotate the bar to face away from the Face Support Base.
- 4 Place either the Crescent or 3-Piece Pillow on top of the U-Bar Frame, lining up the Velcro® for a secure fit.
- 5 Place the EZ Sleep Body Cushion on top of the Face Support Base.
- 6 Position yourself on top of the EZ Sleep Body Cushion. Use the Ankle Bolster under your ankles for added comfort.
- 7 Loosen Plastic Knobs on the U-Bar Frame to adjust the height of the Face Support Base. If additional height is needed, move the U-Bar Frame up or down until desired height is achieved and re-tighten Plastic Knobs.
- 8 To use the Face Support Frame from the EZ Sleep unit on the table top or with the travel cushion:
 - 1 Remove the Face Support Base with U-Bar Frame from bed.
 - 2 Rotate the U-Bar Frame 180° by depressing the Push Lock.

- 3 Loosen Plastic Knobs on the U-Bar Frame to adjust the height of the U-Bar Frame.
- 4 The Face Support Base will rest on top of the table or will slip into the Travel Cushion